



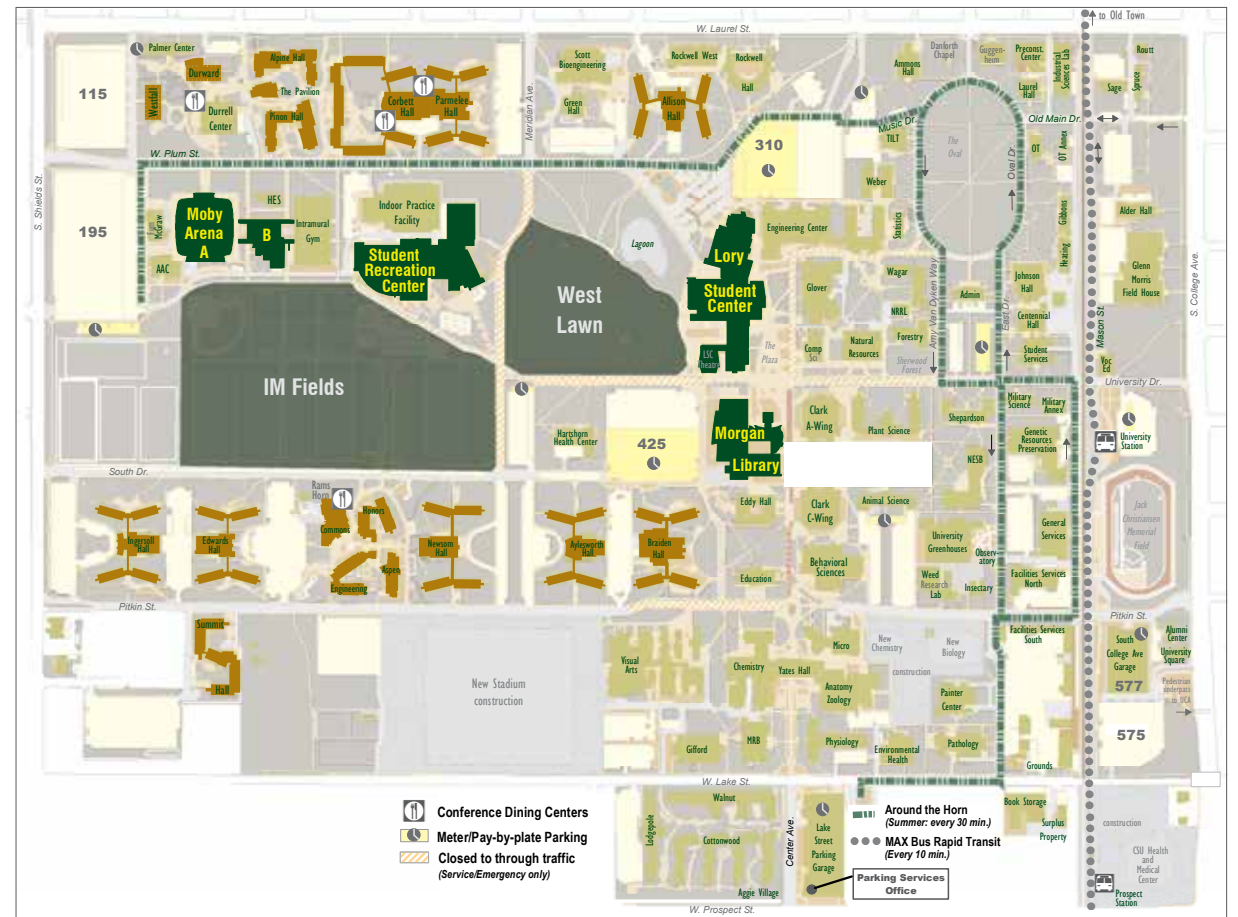
# RAM WELCOME

EXPERIENCE CSU

## PARENTS AND FAMILIES AUGUST 18-21, 2016

All new students and their families attend Ram Welcome: Experience CSU. Building on our conversations during Ram Orientation, parent and family programming during Ram Welcome focuses on the family impact of your student's transition to college, information on CSU Health Network programs and services, resources to support well-being in the CSU community, supporting student's academic success, and the celebration of your involvement in your student's college career. Students are expected to participate in all four days of Ram Welcome, but parent and family programming ends promptly at noon on Friday, August 19, 2016.

For more information about Ram Welcome, visit online at [www.ramwelcome.colostate.edu](http://www.ramwelcome.colostate.edu)



### Interest Program

#### ¡Bienvenidos a la familia!

(Reception for Spanish speaking parent and family members)

Thursday, August 18; 3:30-4:15 p.m. – Lory Student Center Room 322

Join us for a bilingual reception (in Spanish). While your students are busy with their own Ram Welcome events, parents and family members can hear from administrators, staff, faculty members, and students about the types of experiences available to their students at CSU and the ways that CSU supports parents and family members.

Los invitamos a que nos acompañen a una recepción en español. Mientras sus estudiantes estén ocupados en sus propios eventos de Bienvenidos Rams, los padres y familia pueden participar en esta recepción en donde los administradores, empleados, y estudiantes hablaran de las experiencias disponibles para sus estudiantes en CSU y la manera en que CSU apoya a los padres y familia.

#### Parent and Family Welcome

Thursday, August 18; 4 p.m. (doors open at 3:45 p.m. and the program begins at 4:15 p.m.) – Lory Student Center Grand Ballroom

An overview of parent and family events during Ram Welcome will be provided. CSU's president along with campus administrators and other school leaders will speak throughout the welcome, offering the opportunity to hear from campus leadership. Hear from current students about their transition to CSU. Beverages and a light snack will be provided to help parents and family members relax after a busy move-in day.

### Convocation

Thursday, August 18; 5:30 p.m. – Broadcast from Moby to the Lory Student Center Grand Ballroom

The CSU president, provost, vice president for student affairs, ASCSU president, and alumni welcome you and your student to Colorado State University.

### New Student and Family Picnic with the CSU Alumni Association

Thursday, August 18; 6:30 p.m. – Intramural Fields

Join the CSU Alumni Association for a zero waste outdoor picnic on the Intramural Fields. Students are expected to attend this event and are admitted to the picnic by swiping their RamCard at the entrance. Please remember, parents and families must have tickets, purchased in advance (by July 31), to attend this event. For those who purchased tickets online and chose the "will call" option, we invite you to pick up your tickets prior to the Parent and Family Welcome (before 4:00 p.m.) at the Lory Student Center Information Desk and Box Office. Please note that lost, forgotten, or stolen tickets cannot be replaced through the Campus Information and Box Office. For family members who did not purchase picnic tickets and are choosing to eat at a local restaurant instead, we hope you'll join us after for the Carnival and President's Concert at no additional cost!

### Carnival and President's Concert

Thursday, August 18; 7-11 p.m. – Intramural Fields

Games, snacks, carnival rides, and live music on the Intramural Fields for the whole family.

### Friday Morning Parent and Family Interest Programs

Parents and families may choose to attend two of the following sessions.

All sessions occur Friday, August 19 in the Lory Student Center.

Parent and Family Programs believes in supporting families with a variety of interest-area programs, building on the Ram Orientation experience, we hope you choose the two programs that will best support your needs.

#### The Ram Community: Resources to Support Students

LSC 386 – Session 1: 9-10:15 A.M.;  
Session 2: 10:30-11:45 A.M.

Curious about safety and security measures on campus? Wonder what happens if your student violates the Student Conduct Code? Wonder what support is available when an illness, injury, or emergency occurs during the academic year? This session builds on the Ram Orientation campus safety session and the healthy relationships session.

#### Making the Transition: Getting Your Heart and Head Ready

Cherokee Park Room – Session 1: 9-10:15 A.M.;  
Session 2: 10:30-11:45 A.M.

Lump in your throat? Ache in your heart? Smile on your face? We know families are dealing with a lot – and we want to help! This session will assist parents and families in their own family members' transitions. Stories are sure to make you laugh and cry!

#### Your Student's Academic Transition: What to Expect

LSC 376-378 – 9-10:15 A.M. (only one session offered)

Want to know what to expect in your student's academic transition? Wondering what programs and services are available to your student? Parents and family members are key partners in supporting student success. In this session, learn more about how important you are in

conversations about academics and the many resources your student can seek out for academic support.

#### Resilience 1.0: Challenges and Steps to Success LSC 376-378 – 10:30-11:45 A.M. (only one session offered)

Do you want to know more about how your student can thrive? Concerned with how to respond if your student struggles adjusting to college? Whether your student is starting their first year or transferring, this session will explore some of the common challenges that can impact your student's satisfaction and success, and what can help turn challenges into opportunities to increase life skills and resilience.

#### CSU HEALTH NETWORK

Virginia-Dale Room – Staff available for individual questions 9-11:45 A.M.

At CSU, your student's well-being is of our utmost concern. Still have questions about insurance coverage or the RamCare plan? Seeking support in transitioning care to services offered on-campus? CSU Health Network representatives from the Insurance, Counseling, Medical, and Psychiatry departments will be available to answer individual questions about ways to support your student's health needs.

**Ram Welcome programming for parents and family members ends at noon.**